

Fredsville Lutheran Church

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May 2021 Newsletter

A Word from Pastor Lisa



May is a month of milestones and tears. Milestones are funny things. Not usually funny- ha ha, but rather funnystrange. Strange in that often milestones are things we look forward to, even plan for. Milestones are things to be celebrated, remembered, marked on the calendar. The month of May usually brings with it several milestones and this year is no different.

During this May we will celebrate those who are moms, those who have moms, and those who don't want to be moms, and we will cry with those who have not been able to be moms though they deeply wanted to be, and we will cry with those who have said goodbye to their moms and who miss their moms very deeply.

During May we will celebrate and cheer on our graduates! Those who graduate from high school, college, and Seminary. We will celebrate with them all their achievements and the achievements of their parents and their partners. We will cry tears of joy at an incredible milestone met. We will cry tears of sadness because babies have grown up and are moving out. We will cry tears of pride for our children who have become amazing young adults and our intern who is about to become a pastor.

During May we will cry tears of sadness as we say goodbye to Intern Andy, Pastor Megan, and Walter. We cry tears of joy for the ministry that God will be calling them to. We will cry tears of sorrow for the days, months, and years that may pass before our paths will cross again. During May we will cry tears of pride on Memorial Day as we remember all those who have died paying the highest price of laying their life down for another. We cry tears of sorrow as we remember loved ones that we desperately miss as we decorate their graves. We cry tears of laughter as we remember and retell stories of how each of those people brought us joy and shaped us into who we are today.

This May, I will say goodbye to an Intern that has been my partner in ministry for three and a half years. I will cry as I say goodbye to him and his family who have found their way into my heart and who have taught me once again that you can always love more.

This May, I will watch as my baby graduates from college and prepares for Law School. I'm going to cry those days too. They will be tears of pride, tears of sadness, and tears of joy at watching her grow up to become exactly who God needs her to be.

May is a month of milestones and it turns out that May is also a month of tears. Tears of sadness, tears of pride, and tears of joy. Don't mind me if you see me red faced and dabbing my eyes. It just means I have been blessed with a lot of love in my life!

Guess I better buy some Kleenex! I'll have some ready for you too!

In peace, Pastor Lisa



Learn more about the ELCA Lutheran Church This is Christ's church.

A denomination that shares a living, daring confidence in God's grace. Liberated by faith that embraces everyone as a whole person--questions, complexities and all. God's work is done in Christ's name for the life of the World. <u>https://www.elca.org</u>

Our Friends & Family

Please remember them in your prayers!

Claudia Squires -sister from Greene, IA to members Catherine Petersen & Amy Jensen who is diagnosed with terminal cancer. Sharon Hemmen- member with eye complications John Latusek- member healing from open-heart surgery Arlan Andersen- member healing from blood clots Michael Musser- Pastor Lisa & Scott's grandson who experienced a seizure

Carol Watson- member recovering from hip and femur surgery Mary Mommer- member with multiple health concerns Florence Freese-member at Arlington Place in Grundy Center Jim & Jane Campbell- members dealing with Jim's on-going recovery from an accident

If you want to be added to the prayer list, contact the church office at 319-989-2065, Pastor Lisa (319-243-8135) or Intern Andy (641-844-4704).



May Birthdays

Adeline Larsen - 1 Clayton Hines - 2 Melissa Loger - 2 Brooklyn Staker-3 Calvin Bakker-5 Berkley Aronson-6 Bradley Hanson - 6 Addison Knutson-7 Mariah Asche-10 Cashton Dall-10 Layken Nank-10 Aubrey Asche-14 Catherine Petersen-14 John Latusek-15 Allie Lotts-15 Luella Larsen-18 Mike Weichers-19 Holly Van Wechel-20 Karla Foust- 22 Jerry Jones-26 Marlin Verhulst-26 Tina Curtis - 27 Cole Mikkelsen-30

Wedding Anniversaries

- Jeff & Michelle Reinicke 3 Zach & Arianna Hankins - 4 Loren & Jacque Bakker- 7 Jim & Karol Boike-8 Don & Leona Pruisner - 10 Merlin & Linda Freese - 13 Art & Bev Lupkes- 14 Abe & Annemarie Woods - 16 Mike & Amy Camarata- 20 Mike & Melissa Dufel - 20
- Scott & Renee Griffith 22
- Steve & Linda Nielsen 25
- Kyle & Becky Aronson 26
- Mike & Tina Curtis 28
- Alex & Sarah Nank 30
- Tom & Jennifer Verhulst 31

Thank You Notes

New Hartford United Methodist Church -

Thank you so much for giving \$1,000 to our food pantry. Our church family really appreciates it. Beverly Maus, Director.

Retrieving Freedom- Thank you for your cash gift to Retrieving Freedom of \$1,000 that will helpsupport our efforts to improve the quality of life for veterans with disabilities and children with autism who seek the aid of a trained service dog. Billy Rader, Chief Executive Officer

Don & Leona Pruisner - Thanks to the bakers who made and delivered the almond (Strips) pastry at Easter time. It was greatly appreciated.

Lutheran Services of Iowa- We are thankful for the generous gift of \$2,000.00 to support the Spiritual Life program and its new campus minister. In the past the program has focused on the youth at Bremwood and Beloit residential treatment center, but the program is now expanding to also service LSI employees and faith communities thoughout the state.

Sawyer Loger - I want to give thanks for being accepted to receive your scholarship for the academic year. It's been a crazy few months with both students and faculty trying to adjust over the many obstacles COVID brought this past year, and having the financial support helped out in focusing more on my schoolwork and wellbeing. As I begin to dive into the last 2 years of my college career, I hope to always learn new things from the classroom, from life experience around campus, and continue to build faith in the ministry here as well as back home at Fredsville. Thanks again!

Opportunities to Volunteer

Gardeners are welcome to clean, trim and **weed the cemetery** gardens as they feel comfortable. Please provide your own gloves and any equipment needed.

Vacation Bible School dates have tentatively been set for August 8-11th from 6-8 pm. It is anticipated that most of the activities will be held outside if the weather cooperates and so far masks will be required. **Volunteers are needed!!!!** Please contact Kim Farley at kimfarley2020@gmail or 319-239-5583 for more information concerning volunteering.

A **Spring Food Drive** will be held through May 23rd. Only **Monetary Donations** will be collected this year for the Dike and New Hartford food pantries. Your contribution does make a difference in the lives of many!

Greeters are needed for Sunday Services. Please contact the church office to volunteer.



Summer Camps Starting Registration

Fredsville has camp information in the box outside of the church office on the following camps:

EWALU Camp- Strawberry Point, Iowa Riverside Bibe Camp - Story City, Iowa Lutheran Lakeside Camp - Spirit Lake, Iowa

New Church Logo

Fredsville has a new logo for the 150th anniversary which was designed by DNH High School student Rebecca (Becca) Jorgensen. We thank Becca and the DNH Art Instructor, Ryan Mitchell.



Download Fredsville's new mobile App through Tithe.ly Church . With this app vou can access the church's list of events, listen to sermons, see photos, know who need prayers, give your offerings, and see what is on the church's Facebook page - all in one place. Also check out the new website at fredsvillelutheran.org.



Bible Study

Pastor Lisa's is leading a bible study on the Book of Ruth. This study started on April 19th but continues on May 3rd and 10th by Zoom at 7:00 pm.

Anyone can still join in and participate. Past class notes will be provided. If interested, contact the church office so the Zoom link will be sent to you along with the current class notes from Pastor Lisa.



Fancy Fingers

Fancy Fingers will meet on Friday May 14th from 9-4. Bring the project you are working on along with a sack lunch. Enjoy a wonderful day of fellowship, laughter, and productivity (Sometimes!) We would love to have you join us!!!!

Mother's Day - May 9th Proverbs 31: 25-28 She is clothed with strength and dignity;

she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue. She watches over the affairs of her household and does not eat the bread of idleness. Her children arise and call her blessed; her husband also, and he praises her.



National Day of Prayer - May 6th







This month we are highlighting a theologian, Bible scholar, or pastor that you might be interested in learning more about! The goal is to introduce you to new thinkers, writers, and speakers that have something to say about the world we are living in and new perspectives on how we engage and relate to God!

This month we lift the work of Kelly Sherman-Conroy!

Faith has always been a big part of Kelly Sherman-Conroy's family. As a child growing up on the Oglala Sioux reservation in South Dakota, Sherman-Conroy and her family were active members of the Episcopal church but also practiced traditional Native American spiritual beliefs. Eventually, Sherman-Conroy's immediate family became Lutherans, and her mother, Joan Conroy, went to seminary to become an ELCA pastor. For Sherman-Conroy, seeing her mom in the ministry was a major influence, and she later pursued ministry herself.

"She was a big part of me going into ministry," Sherman-Conroy said. "I was a Young Adults in Global Mission [volunteer] in the early years, and that played a large role for me in what I really wanted to do in ministry. I lived in England for quite some time, and my mom helped me navigate that time. It's really great to have these conversations with her—there are times when the way we see the world is different, but she's always been able to help me navigate those differences."

Sherman-Conroy is now pursuing her doctorate at Luther Seminary, St. Paul, and Joan Conroy has moved to Minnesota to live with her daughter and grandson. Having three generations under one roof has shown Ciaran the importance of family, a value his mother said she was taught as a child.

In both her studies and her ministry, Sherman-Conroy has focused on her unique faith perspective, honoring her Native American traditions while staying true to Christianity. She wants others to see that faith doesn't have to be a choice between one or the other. "Everybody has a different way of celebrating their relationship with God," she said. "We all walk in our own path. I'm so grateful to be able to teach my son the same way I grew up, knowing there are no boundaries to our faith."

Writings:

Links:

- https://www.kellysconroy.com/
- http://www.gcsynod.org/news/kelly-sherman-conroyempowering-and-comforting

Jesus

In Matthew Christ is our Messiah In Mark He is our Servant King In Luke He is the great Physician In John He is the Son of God In Acts He is the Risen Lord In Romans He is Righteousness In Corinthians He is our Holiness In Galatians He is our Justification In Ephesians He is our Perfection In Philippians He is our Provider In Colossians He is our Hope In Thessalonians He is our King In Timothy He is our Shepherd In Titus He is our Rewarder In Philemon He is our Encourager In Hebrews He is our High Priest In James He is our Wisdom In Peter He is our Inheritance In John He is our Lover In Jude he is our Warrior In Revelations He is the Alpha and Omega. Beginning and the End!



Pentecost - Sunday, May 23rd by dhansen Spirit of Joy! Lutheran Church (sojoy.org)

Pentecost Sunday is the day when Christians around the world celebrate the gift of the Holy Spirit. It is an event sometimes called the "birthday of the church" because it marks the day that Jesus' disciples began to share the story of Jesus and invite others to share in their faith in Jesus as the Son of God.

But Pentecost is more than just remembering a historical event. On Pentecost, we invite the same Spirit that filled the disciples that day to transform our lives.

Even more important than looking backward and remembering what God did two thousand years ago, we look forward and invite the Spirit to pull us into the future.

The Holy Spirit has a way of turning things upside down. The story of Acts is all about how the lives of the disciples got turned upside down – and by extension, how the world turned upside down by this new, Spirit-filled faith.

On Pentecost we invite this disruptive presence of God into our own lives.

The fruit of the Spirit, says Paul, is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. These are what we seek to live into, how we seek to transform the world, and the evidence of the Spirit at work in our lives and in the world.



A Monthly Reflection! THE INTERN'S CORNER

by Intern Andy Graves

Hello Fredsville. It is me, Intern Andy, coming to you for the last time as an official part of the Fredsville Team! It is hard to believe that it has been almost 3.5 years since we started this journey together, but it has. In just a couple short weeks I will be graduating from Wartburg Theological Seminary, and hopefully shortly after that will be getting ordained and starting life as a called pastor in the ELCA. I realize that there is a lot of "insider" language in there, so let me just say this: THANK-YOU!

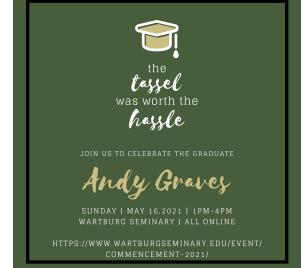
I want to thank you all for all the prayers, the thoughts, the insights, the pressure, and the love that you have shown me and my family over the past three years. I can honestly say that there is no telling where we might have ended up if it were not for the Villa to live in for a time, for the helping hands that helped us move 3 times, for the families that welcomed me into the most precious and sensitive times of their lives, and everything that that happened—you know who you are and you know what we managed to do together!

The author of Ecclesiastes reminds us, "For everything there is a season, and a time for every matter under heaven... (3:1)." With that sentiment in mind, we find ourselves at the beginning of a new time: a time to part ways, a time to step out on my own, a time to start a new journey. To be honest there is not enough space here to share all my thoughts on what this journey has meant to me, which is really my way of saying "I'm not very good at saying Good-bye, so maybe we'll just leave it at 'c-ya later' and see where that gets us!"

With that being said, I wish there were more information to share with you about what comes next, but I honestly do not have any yet. As I pen these words to you, I am anxiously awaiting the time when I get to interview again with a congregation in Minnesota, and my wife is doing similarly. The bishop up there is working hard to find us a couple of congregations that are close enough together to live and settle for a good long time. We are tired of moving, tired of shifting from foot to foot not knowing what might be lurking around the corner, and we are ready to settle in to loving communities who want to serve their neighbors and love Jesus too! It has been a long journey, but as a family we are ready for what comes next. We are leaning into the promises that God has made to us through Jesus Christ and know that we will find places and spaces to spread those promises to new people and have new adventures.

Even though we are preparing to part ways, this is not the end of our story Fredsville. In the coming weeks that are going to be several opportunities for you to add your mark to this story before we turn the page on this chapter: reach out, stop by, let's swap war stories and reflect on all of the projects we have left undone! If you cannot make it, know that you all hold a special place in my heart, my mind and my soul. I will continue to carry our work together, I will remember the stories we shared, and remember the lessons I have learned on our journey together.

Remember, you are beloved children of God, saved by grace, through faith, in Jesus Christ, and that cannot be taken from you... what matters is what you do because of that! Amen!



150th Anniversary Update

by Merlyn Petersen

As a member of the 150th anniversary celebration committee, we have decided to delay our celebration until 2022. We hope things have settled down so we can make plans for the big event and be able to carry them out.

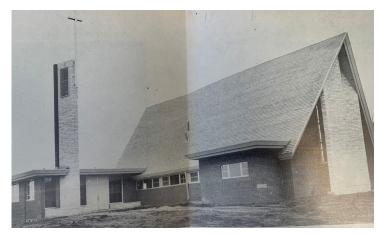
I would like to make note of an important date in the history of our church that took place 60 years ago. April 23, 1961 marks the date of the dedication and first service in our new church.

One who has been fortunate enough to be part of that event, I can remember, as a 16 year old teenager in the choir that we marched from the old church to the new church across the road singing hymn #10 (Now Thank We All Our God - was sung leaving the old church and hymn #198 (Holy, Holy, Hold Lord God Almighty - was sung walking into the new church).

I am sure some of you have seen the program from that dedication service. We not only had a new church but a new pastor elect, Harold Sorensen who spoke as he was replacing retiring Rev. C.A. Stub.

I can remember a couple other important events that took place in the building of the new church - the ground breaking and corner stone laying. The cornerstone in the northeast corner of the building contained a tube with important items in it. We are looking to remove and open it to see what is inside and possibly add some new items for posterity.

Both my wife, Catherine and I remember these events and her father, Harlan Nielsen was president of the church council. For those of you who remember some of these events, we encourage you to keep sharing your stories with each other. Throughout the anniversary year, we plan on sharing many wonderful remembrances from Fredsville's past.



Church without Fellowship Hall



Corner Stone Laying



Ground Breaking















Confirmation Party April 21st







Fredsville Lutheran Church Council Minutes

Thursday, March 25, 2021 7:30 p.m. via ZOOM

Attendance: Pastor Lisa, Intern Andy Graves, Linda Nielsen, Brenda Cooper, Art Lupkes, Heidi Mounce, Cara Lott, Trey Nuss, Sue Green, & Sharon Hemmen. Absent : Kathi Heidi & Jana Hermann

Call to Order: Council President - Brenda Cooper

Devotions: Intern Andy led us in prayer.

Treasurer's Report: Linda Nielsen

As of Date:

- General Fund: \$ 131,816.66 (Note: This includes the annual farm rent of \$70,650 minus the taxes of \$8,000 leaving \$62,650 which hadn't been dispersed yet)
- Building Fund: \$9,111.01
- Memorial Fund: \$15,195.17

Secretary's Report: Sharon Hemmen moved and Art Lupkes seconded that the March 4, 2021 Minutes be approved. Motion carried.

Old Business Discussed:

1. How are we going to fill Intern Andy's technology skills? Intern Andy has been teaching Secretary Becky how to do many of the technology skills that he has currently being using.

New Business Discussed:

1. As of today (3/25/21), 64 people have signed up to attend the Easter Sunday service. The numbers are getting close to needing a second service. The sign-up for attending ends on this Sunday (3/28/21). Secretary Becky and Intern Andy have been working on the seating (singles and couples to sit together – if comfortable) to maximize how many the sanctuary will hold.

Upcoming Reminders:

Committee Reports:

- Cemetery
- Farm

• **Endowment** – Brenda Cooper reported that the Endowment Committee met on Tuesday (3/23/21). Trish Weichers is the new Chair. The disbursements to the various categories are:

- Category A (Building Fund & Capital Improvements) \$43,855
- Category B (Scholarships or Grants to Members) \$10,465
 Scholarships: \$10,000 (9 students @ \$1007.78)
 Campers: \$465 (2 @ \$232.50)
- Category C (Community Outreach) \$5,300
 - Dike Food Pantry \$1,000 (\$500 in March & \$500 in Dec)
 - Dike Good Samaritan Fund (\$1,000)
 - New Hartford Food Pantry \$1,000 (\$500 in March & \$500 in Dec)
 - DNH School Post-Prom \$300
 - Northeast IA Food Bank \$1,000
 - Retrieving Freedom, Waverly, IA \$1,000
- Category D (Missions of Fredsville) \$6,000
 - Bremwood Angel Tree \$2,000
 - Bremwood School Supplies \$1,000
 - Lutheran Services of Iowa (Bremwood) \$2,000
 - Lutheran Chaplaincy Outreach (Iowa City) \$1,000

Sharon Hemmen moved and Heidi Mounce seconded the motion that the Council accepts the Endowment Committee's report. The motion carried.

- Property Is waiting to hear back from last year's lawn mowing service before awarding this summer's lawn moving contract.
- Mutual Ministry
- Worship Team
- Service Team Will be collecting cash rather than food items for the Spring Food Drive
- Proclamation Team
- Ministry Support Team

Pastor Report:

1. There was 41 at church last Sunday (3/21/21). There was a variety of ages and some new faces.

2. Pastor Lisa has been leading a Bible study on Esther. The book of Esther has 10 chapters which required Pastor Lisa to write25 pages of notes in preparation. Pastor stated that the two advantages of hosting the Bible study on ZOOM were that people outside of our Grundy County location could attend and no one had to drive at night. The next Bible study will be on the book of Ruth, a book of the Bible that Pastor Lisa is very familiar with.

3. Pastor Lisa and Scott have both had their 1st Covid-19 vaccination. As they had the Covid-19 this winter, the vaccine made them pretty sick for a couple of days.

4. Pastor Lisa did a funeral at Grundy Center for the American Lutheran Church as they are currently without a Pastor.

5. Pastor Lisa has made arrangements to get Continuing Ed starting on May 16th after church through May 21. On May 22nd & 23rd, she will be taking a Girls' Weekend away. As Intern Andy will have graduated from Wartburg by then, Pastor Patricia Shaw will be the Pastor that Sunday.

Intern Report:

1. Intern Andy and Megan have been invited to the "Welcome to the NW Minnesota Synod" meeting with their Bishop. There are possibilities for Megan to serve a congregation in this synod.

2. Intern Andy graduates on May 16th. Until then, he is busy-busy-busy!!!

Closing Prayer: The Council members said the Lord's Prayer.

Next Meeting: Thursday, April 22 @ 7:30 via ZOOM

Respectfully Submitted: Sue Green, Secretary

MEMORIAL DAY - RECOGNITION OF FREDSVILLE'S DECEASED VETERANSL

Al Aagaard **Donald Andersen** Larry Bruhn Richard Christiansen John L. Craig Jerry Eimers LeRoy E. Freese Stanley Hermansen Harry H. Jacobsen Ernest Jensen Robert Johnson Leo O. Knudsen Miller Mikkelsen, Jr. **Russ Mommer** Eugene Nielsen Carl M. Petersen Leonard Posekany Soren Schmidt Gordon Sloth Harold D. Steege George J. Thuesen Harry E. Thuesen

Hans P. Aagaard Harold A. Andersen Harold K. Campbell **Bob Craig** Wendell Crotty Lloyd Foust Theodore Guldager Kenneth Holm Billy G. Jenner Melvin Johnson Albert Knudsen John Kyhl Ralph E. Miller Luvern Nelson Louie H. Oleson Dwayne Petersen Hans Refshauge Rev. Joseph B. Sibert Clifford Sorensen Rev. C.A. Stub Gordon Thuesen Neal Thuesen

James Aagaard Kenneth Andersen Niels Christensen John D. Craig Willie Danielsen **Fred Freese** Herman Hemmen Andreas Jacobsen C. William Jensen Ole J. Johnson Donald Knudsen Harold Madsen Jack Mommer **Bill Nielsen** Woodrow W. Parker James F. Petersen Hilmar Schmidt Elvin Sloth Sig Stage George E. Thuesen Harland Thuesen Axel Tonnesen





Dike-New Harford Graduating Seniors May 2021

The four graduating Fredsville Seniors were asked what their favorite Fredsville memory and Bible verses are, along with what they plan to do next fall.



Paige Frahm

Paige Frahm is the daughter of Jerod and Erin Frahm. Her favorite Fredsville memories are attending Confirmation classes on Wednesday night and helping with the Aebleskiver supper. Romans 10:13 **"As the scripture says, "Everyone who call out to the Lord for help will be saved**." is Paige's favorite Bible verse. Paige plans to attend the UNI to study Biology.

Drew Larsen is the son of Bret and Dena Larsen. His favorite Fredsville memory is serving food at the homeless shelter during our Las Vegas Mission trip. Matthew 19:26 "Jesus looked straight at them and answered, "This is impossible for man, but for God everything is possible." is Drew's favorite Bible verse. Drew plans to attend Iowa State this fall.



Drew Larsen



Sierra Loger

Sierra Loger is the daughter of Lance and Melissa Loger. Her favorite Fredsville memories are going to Las Vegas on a Mission trip and getting to know the people in the Fredsville congregation. Isaiah 30:31 "But those who trust in the Lord for help will find their strength renewed. They will rise on wings like eagles; they will run and not get weary; they will walk and not grow weak." is Sierra's favorite Bible verse. Sierra plans to attend UNI for one year to take the pre-requisite courses and then transfer to Allen College to study nursing.

Dylan Ohrt is the son of Matt and Sara Ohrt. His favorite Fredsville memory is having a water balloon fight at Pastor Lisa's house. Note: There is a picture hanging on the wall in the hallway outside of Pastor's office that someone took of Dylan, soaking wet from that event. 2 Chronicles 15:7 **"But as for you, be strong and do not give up, for your work will be rewarded.**" is Dylan's favorite Bible verse. Dylan's future plans are to attend DMACC in Ankeny, Iowa, majoring in Criminal Justice; which is a two year program. He has also applied for the DPS (Department of Public Safety) Academy, which he would like to take right out of high school. If Dylan gets accepted into the Academy, he will complete 18 weeks of training at Camp Dodge in Johnston, Iowa. Following graduation from the Academy, Dylan would then be assigned to work at the Capitol in Des Moines until he is 22. While working at the Capitol, Dylan would also be working toward earning his degree in Criminal Justice, with his ultimate goal being to become a Trooper for the Iowa State Patrol. From there Dylan plans to work to gain experience in the field, giving him the opportunity to join other divisions within the Department of Public Safety including Narcotics, DCI, etc.



Dylan Ohrt

What a pleasure it has been for the folks at Fredsville to watch you seniors grow up! It is our prayer that as you go off to college; you will seek out worship experiences. May God's blessing be upon you!

Let's celebrate Paige's graduation!

GRADUATION CEREMONY May 16th at 2pm DNH Gym

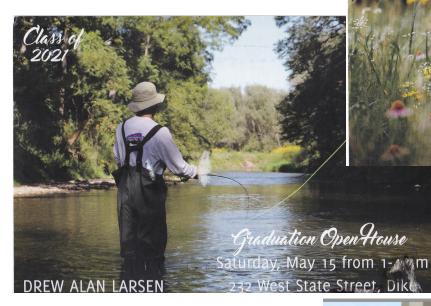
> OPEN HOUSE May 15th at 5-7pm 245 Par Drive, Dike

Please RSVP by text 515-269-7304



Fredsville's High School Grads

Sierra Jo Loger Graduation OpenHouse Sunday May 16, 2021 695 Fox Ridge Rd, Dike 4:00 - 7:00 pm



Open Houses

Ceremonies





Kaleb Michael Dufel

Graduating from lowa Connections Academy He will be attending the University of Northern Iowa in the fall majoring in Theatre Performance.



DNH Commencement Sunday May 16 - 2pm High School Gym

DIKE-NEW HARTFORD HIGH SCHOOL

Class of 2021



JOIN US TO CELEBRATE THE GRADUATE!

– DYLAN OHRT –

May 15, 2021 from 4 p.m. to 7 p.m. 416 Division Street, Dike, Iowa



May 2021, LSI Bulletin/Newsletter Article and Story

Happy Mother's Day!



Mother's Day is a time to celebrate the strong, loving women in your life. At Lutheran Services in Iowa (LSI), we see thousands of Iowa moms through their journey to build the brightest future for their children.

We see moms turning to LSI Behavioral Health Intervention Services to ensure their child is receiving the coping skills and behavioral supports they need to thrive. In our Early Childhood Services, we see first-time moms who are eager to join our parenting education classes and support groups. In 2020, LSI's Early Childhood programs provided support to more than 1,097 families of young children. We are so inspired to hear their stories and see their hard work pay off as they raise our next generation.

As you celebrate Mother's Day this year, remember how many lowa moms are being empowered because of your support. If you are looking for a way to honor your mother this year, please consider making a gift in her name to LSI. For more information, please contact Deb Whitford, LSI director of philanthropy and church relations, at **Deborah.Whitford@LSIowa.org or 563-676-2065.**

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and Facebook.com/LSI.iowa.

Wrapping Care Around Iowa Children

Martha and Marti first became foster parents in September of 2018, after their biological children expressed that they wanted to provide foster care as a family. They decided to become licensed through LSI Foster Care and Adoption and soon after, they welcomed a sibling group of three into their home.

"Our kids really wanted to look into foster care as a way to be able to help others as a family," Martha says. "Everybody had to sacrifice and pour in, and everybody was needed and brought something to the table."

The siblings stayed with the family for almost two years, until the opportunity came for them to find a forever home through adoption. Over the years, the siblings had become bonded to Martha and Marti, as well as their extended family and friends. The siblings are currently in the process of officially being adopted by a family close to Martha and Marti, so they can continue to stay connected to the important relationships they built in foster care.

The family has found a passion they can all share, and it's making a difference in the lives of Iowa children. "We always explain fostering as 'good' and 'hard.' You never want to take one away from the other, because it's both. It's the hardest thing we've ever done, but it's the best thing we've done," Martha says.

"We've had the privilege of having the kids in our home and you have the responsibility and the privilege to take care of them in their time of need."

Mental Health Video Series

Northeastern Iowa Star - April 2021, p. 8

Lutheran Services of Iowa is offering a series of videos that range from 12-20 minutes that focus on adapting to a new normal, anxiety and depression management, grief and loss, maintaining relationships, and mindfulness.

Visit https://lsiowa.org/church-relations